

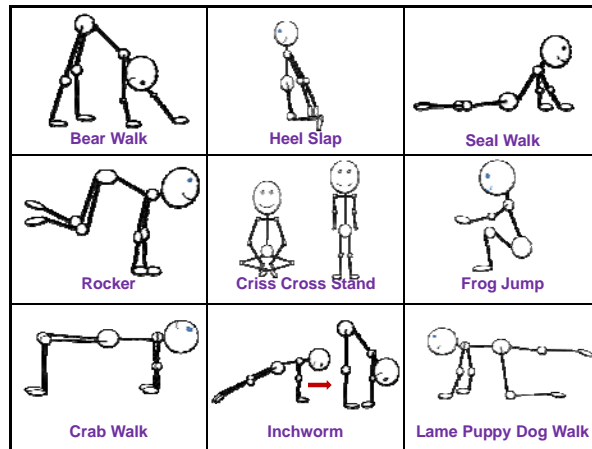
Tic-Tac-Toe

Activity Description and Rules:

The objective of this activity is for a player to get three marked squares in a row. To use the boards over again, print the Tic-Tac-Toe board on cardstock and laminate the boards. Have the players use dry erase markers when writing on the cards.

- (1) Players decide who will be an X and who will be an O.
- (2) Players must complete five repetitions/seconds (or a higher number as conditioning improves) of the movements shown in the square. If successful, the player is able to complete the movement for the whole time, then they can mark an X or O to occupy the square.
- (3) The players switch after each completed turn. Once play is completed, the students can wipe the board clean and play again or get a new card.

Tic-Tac-Toe



FUN STUNTS

Equipment:

1. Tic-Tac-Toe board and dry erase marker
2. Equipment associated with the tic-tac-toe content

Game Modifications:

Version #1: There is a blank version of the Tic-Tac-Toe board. The players can write health-related fitness activities in the spaces. The board can then be used to assess the students' knowledge of a particular concept. For example, the students could be told to write in flexibility activities. The partners write nine activities related to flexibility and then play the game. You can collect the boards at the conclusion of the game.

Version #2: The blank board can also be used to align with a particular unit. For example, if you are teaching tennis, each of the spaces could be related to the tennis forehand.